

SEWARD AGING SERVICES COMMISSION

Seward, Nebraska

Minutes of November 8, 2016 Meeting

ROLL CALL

The Seward Aging Services Commission met on Tuesday, November 8, 2016, at 1:05 p.m. in the Lied Senior Center, 1010 Manor Drive West, Seward, Nebraska. Members present were Millie Gutherie, Roger Hans, Clifford Lowell, Mary Jo Yates and SASC Assistant Katrina Goldsmith. Absent: Kenneth Baldinger, Jeannie Jeary, Delmer Peters and Gary Rolf.

Advance Notice of the meeting was posted in the City Hall, County Courthouse, Senior Center and City Library. The agenda was communicated in advance of the meeting. The meeting was open to the public.

EXERCISE ROOM UPDATE

A letter requesting financial assistance from the Foundation for the purchase of exercise equipment and related items was written by Cliff Lowell, SASC Chairman, and signed by him and Del Peters, Co-Chair.

The letter listed the desired items: a treadmill, a Nu-step (recumbent stepper), and two exercise bicycles for \$7,860, and two TVs with wall mounts for an estimated amount of \$756. Total, \$8,616. \$3,200 was already available, so the Foundation was asked to provide an additional \$5,400 which they readily agreed to do. Katrina Goldsmith plans to have everything in place by the end of the year.

Twelve old eight-foot tables were sold on open bid to Isaac Walton League at \$10 each.

There was no budget review.

ASSISTANT'S REPORT

530 meals and 233 requests for transportation were included in the services offered in October. 15 persons attended a health clinic and 31, a health education session. 233 potatoes were sold at the potato bake.

Merles charged \$40 to get the sprinkler system winterized. They had also prepared it for start up in the spring which included repair work. Katrina and Roger Hans will check the system next spring.

The part ordered for a kitchen sink is available for installation.

The hospital terminated preparing food for meals on October 31. Pac-N-Save is supplying this need now, it is going over well, and attendance is up.

Roger moved to accept the October minutes and claims. Mary Jo Yates seconded. The meeting was adjourned at 1:20 p.m.

The next meeting will be Tuesday, December 13 at 1:00 p.m.

Respectfully submitted by Mary Jo Yates, secretary pro-tem, and Clifford Lowell, chairman